



MAX'S MONTHLY SAVER!

Great Deals & Great Meals that will last all month long!



Deals Valid: Sept. 15-Oct. 12, 2026

Karns Beef BUNDLE

Fresh CUT, VALUE Priced! Bundled to SAVE YOU MORE!

- ✓ 4- 8OZ AVERAGE WAGYU GRILLING STEAKS
- ✓ 3 LB BONELESS BEEF CHUCK ROAST
- ✓ 8- 1/4 LB GROUND BEEF PATTIES
- ✓ 4- 10 OZ AVERAGE NEW YORK STRIP STEAKS
- ✓ 5 LB LEAN GROUND BEEF

Preorder From Our Meat Department or Order Online at karnsfoods.com

CAPRESE CHICKEN CASSEROLE

1 Karns Rotisserie chicken, skin and bones removed, shredded
1 cup cherry tomatoes, halved
8 oz. fresh mozzarella cheese, chopped into 1/2-inch pieces
1/4 cup basil pesto
1 cup mayonnaise
3/4 cup shredded parmesan cheese, divided
Salt and pepper, to taste

Preheat oven to 400°F.
Lightly grease a 2-quart baking dish with cooking spray.
In a mixing bowl combine the basil pesto, mayonnaise, half of the parmesan cheese, salt, and pepper; stir until well combined. Add shredded chicken and stir to combine. Spread evenly in prepared baking dish.
Arrange cherry tomatoes and mozzarella cheese over the chicken. Sprinkle remaining parmesan cheese on top.
Bake for 20 to 22 minutes, or until golden brown on top.



Peace Tea Single Can
16 oz

88¢



Essential Everyday Shredded Cheeses
6-8 oz

\$1.99



Tony's Frozen Pizzas
18.56-20.6 oz

\$3.99



Stone Ridge Creamery Ice Cream
48 oz

\$3.29



Gazebo Room Salad Dressings
16 oz

\$4.49



Essential Everyday Pasta Select Varieties
12 or 16 oz

5/\$5



Bertolli Olive Oils
25.36-25.5 oz

\$12.49



Schmidt's Old Tyme Artisan's Breads
14 oz

\$1.99



www.karnsfoods.com

SAVE THE MOST WITH MAX!



Country Acres Apple Cider
Half Gallon
\$3.99 ea

Ready Pac Bistro Bowl Salads
4.5-7.75 oz
Assorted Varieties
\$4.99 ea

Litehouse Vinaigrette & Pourable Salad Dressings
12-13 oz
\$3.99 ea

Mayer Brothers Lemonades
52 oz.
Assorted Varieties
\$3.79 ea

Fresh Gourmet Salad Croutons
5 oz
Assorted Varieties
2/\$4



Family Favorites!



Pure Leaf Tea 16.9 oz/6 pk
101.4 oz

SAVE \$8.89
BUY TWO GET ONE FREE!



Pepsi Mini Cans 7.5 oz/10 pk
75 oz

2/\$12



Propel Electrolyte Water
12 oz/8 pk
96 oz

2/\$12



Celsius Sparkling Energy Drink Single Can
12 oz

2/\$5



Gatorade Gatorlyte Beverage Single Bottle
20 oz

2/\$5



Alani Nu Energy Drink Single Can
12 oz

2/\$5



Muscle Milk Pro Series Protein Shake Single Bottle
14 oz

2/\$7



Alani Nu Energy Drink 12 oz/12 pk Cans
144 oz

\$26.99



SAVE THE MOST WITH MAX!

www.karnsfoods.com

FIND THE BLUE TAGS AND SAVE!

ESSENTIAL, AFFORDABLE, HIGH QUALITY

SAVE NOW! **MAX'S PRICE LOCK**

Silver Palate Pasta Sauces

24 oz

\$3⁹⁹



Furmano's Canned Tomatoes, Sauce or Puree

28 oz

3/\$5



McCormick Chili Seasoning Mixes

1.25 oz

4/\$5



Essential Everyday Canned Kidney Beans

15 oz

99¢



Breakstone's Sour Cream

16 oz

\$2⁶⁹



Crystal Farms Shredded Cheeses

5.5-8 oz

\$2⁹⁹



Olivia's Organic Family Size Salads

11 oz

Assorted Varieties

\$5⁹⁹ ea

Tim's Balsamic Vinaigrette Salad Dressing

12.7 oz

32 oz

\$7⁴⁹ ea

\$14⁴⁹ ea

Hampton Farms (In-Shell) Peanuts

3 lb bag

\$5⁹⁹ ea

Little Potato Company Microwave/Grill Ready

1 lb pkg

\$3⁹⁹ ea

F.M. Brown's Birdseed



Value Blend Birdseed 20 lb

\$9⁹⁹ ea

Sunflower Seed 10 lb

\$14⁹⁹ ea

Wild Bird Gourmet 7 lb

\$10⁹⁹ ea

MAX SAVER



FRESHLY BAKED

Whoopie Pies



www.karnsfoods.com

SAVE THE MOST WITH MAX!



MEAT SAVINGS!

Hatfield 1lb Regular, Thick Cut, Applewood Smoked Bacon

16 oz.

\$6⁹⁹

Hatfield Thick Cut Stack Pack Bacon

22 oz

\$8⁹⁹

Hatfield Jumbo & Regular Franks

16 oz

2/\$6

Hatfield All Beef Franks

16 oz

\$6⁴⁹

Hatfield Jumbo Franks

3 lb

\$9⁹⁹

Hatfield Beef Franks

3 lb

\$18⁹⁹

Phillies All Beef Franks

16 oz

\$6⁴⁹

Hatfield Flavored Ham Steaks

6-8 oz

2/\$5

Hatfield Scrapple

1 lb

\$3⁹⁹

Hatfield Marinated Pork Tenderloins & Loin Fillets

1.15-1.375 lb

\$6⁹⁹

Hatfield Marinated Pork Roast

2 lb

\$9⁴⁹

Hatfield Canadian Bacon, Pork Roll, or Breakfast Ham Slices

6-8 oz

2/\$7

Swaggerty 10ct. Chicken or Sausage Biscuits

26-30 oz

\$10

Swaggerty 4ct Breakfast Sandwiches

10-19 oz

\$5⁹⁹

Swaggerty Frozen Pork Sausage Patties

27 oz

\$8⁹⁹

Swaggerty Sausage Links & Patties

12 oz

\$4⁷⁹

McCormick Gravy Mixes

0.75-2.64 oz

4/\$5



McCormick Brown Gravy Mixes

0.87 oz

75¢



Idahoan Instant Mashed Potatoes

4-4.1 oz

\$1⁷⁹



4C Panko Bread Crumbs

8 oz

\$2⁴⁹



Duncan Hines Fudge Brownie Mixes

18-18.3 oz

\$2²⁹



Duncan Hines Classic Cake Mixes

15.25 oz

\$2²⁹



Essential Everyday Cooking Sprays

5-6 oz

\$2⁶⁹



Duncan Hines RTS Frostings

14 or 16 oz

\$2⁴⁹



SAVE THE MOST WITH MAX!

www.karnsfoods.com

Good Morning!

Old Bay Seasoning
6 oz

\$4⁴⁹



Mrs. Paul's or Van de Kamp's
Frozen Fish
18-24.6 oz

\$6⁹⁹



Essential Everyday
Mayonnaise
30 oz

\$4⁹⁹



Vlasic Pickle
Relishes
9 or 10 oz

\$1⁹⁹



Starkist Solid White
Tuna 4 pk
20 oz

\$6⁹⁹



McCain Frozen
Potatoes
14-32 oz

\$3⁹⁹



PA LOTTERY

Get a chance at
Sweet Prizes!

5 TOP PRIZES OF \$500,000!

CANDY-COATED CASH

DON'T FORGET TO PLAY THE SWEET SURPRISE GAME!

SCAN TO PLAY THE SWEET SURPRISE GAME!

OVER 3.3 MILLION WINNING TICKETS!

palottery.com

Players must be 18 or older. Please play responsibly. Problem Gambling Helpline: 1-800-GAMBLER



MEAT SAVINGS!

Kunzler Original, Thick
Cut or Low Sodium
Sliced
Bacon 1 lb

\$5⁹⁹

Kunzler Scrapple
1 lb

2/\$7

Kunzler Jumbo
Franks
3 lbs

\$9⁹⁹

Kunzler Super
Jumbo Franks
5 lbs

\$18⁹⁹

Jimmy Dean
Sausage Rolls
16 oz

\$4⁹⁹

Butterball Frozen
Turkey Burgers
2 lbs

\$12⁹⁹

Butterball Turkey
Bacon
12 oz

\$4⁴⁹

Butterball Smoked
Sausage
13 oz

\$4⁴⁹

Hormel Traditional
Stick, Sliced, &
Turkey
Pepperoni 5-8 oz

\$5⁴⁹

Hormel Traditional,
Jalapeno, or Dill
Pickle Sliced
Pepperoni 5 oz

\$5⁹⁹

Hormel Beef
Entrees
15 oz

\$12⁹⁹

Hormel Meatloaf &
Pork Roast Entrees
15 oz

\$9⁹⁹

Hormel Sliced
Chicken Breast or
Turkey
In Gravy 15 oz

\$10⁴⁹

Hormel Original or
Thick Sliced Black
Label
Bacon 16 oz

\$6⁹⁹

Hormel Microwave
Ready Bacon
12 oz

\$9⁹⁹

Hormel Fully
Cooked
Bacon 2.52 oz

\$5⁴⁹

www.karnsfoods.com

SAVE THE MOST WITH MAX!



HEALTH & BEAUTY

Oikos Protein Shake
12 oz

\$3⁴⁹

Arrid Solid Deodorant
2.6 oz

2/\$5

Excedrin Xtr Strength/
Migraine 24 ct

\$4⁹⁹

Gum Flossers Mint
90 ct

\$1⁹⁹

Head & Shoulders
Shampoo 12.5 oz

\$6⁹⁹

Pepto Bismal
Multi Symptom
8 oz/30 ct

\$5⁶⁹

Tampax Pearl
Tampons 34 ct

\$9⁹⁹

Colgate Max Fresh
Toothpaste 6.3 oz

\$3⁹⁹

Sensodyne Toothpaste
4 oz

\$5⁹⁹

Axe Shampoo/
Conditioner 16 oz

\$5⁸⁹

Poise Pads
24-48 ct

\$6⁹⁹

Suave Body Wash
18 oz

\$2⁹⁹

Boost Hi Protein
Van/Choc 6 Pk
48 oz

\$9⁹⁹

Equaline Cotton Swabs
375 ct

\$1⁹⁹

Equaline Hand
Sanitizer 8 oz

\$1⁹⁹

Essential Everyday LED
Light Bulbs 60 watt
2 ct

\$2⁴⁹

Bulk Barn

Hundreds of Items
to Choose From!



McCormick Perfect Pinch
Seasonings
4.16-7 oz

\$4⁵⁰



McCormick Seasoning
Packets
0.81-2.11 oz

\$1⁹⁹



Bush's Best
Baked Beans
21.7-28 oz

\$2⁹⁹



Essential Everyday Macaroni &
Cheese Dinners
5.5-7.3 oz

2/\$2



McCormick Meal Starter
Seasoning Packets
0.75-1.5 oz

2/\$3



McCormick Taco
Seasoning Mixes
1 oz

5/\$4



Carolina or Mahatma RTS
Rice Mixes
8.8 oz

\$2²⁹



Green Giant Specialty
Canned Corn
11 oz

\$1⁹⁹



SAVE THE MOST WITH MAX!

www.karnsfoods.com



Fried Chicken

CRISPY, FRESH AND ALWAYS DELICIOUS



Karns Stromboli
\$7.99 ea

Monthlong Special:
Italian Sub

\$5.99 ea

Quick & Delicious Meal

Karns Soups
BETTER SELECTION & *Local* FAVORITES

MAX SAVER

Essential Everyday Brown or Powdered Sugar
2 lb

\$2.69

Essential Everyday Flour
5 lb

\$2.69

Essential Everyday Granulated Sugar
4 lb

\$3.29

Essential Everyday Blueberry or Cherry Pie Filling
21 oz

\$3.99

Essential Everyday Pure Vanilla Extract
2 oz

\$4.49

Essential Everyday Ground Cinnamon
2.37 oz

\$1.79

Swiss DairyPure

GALLONS, 1/2 GALLONS AND QUARTS SOLD AT STATE MINIMUM PRICING EVERY DAY!

www.karnsfoods.com

SAVE THE MOST WITH MAX!

It's Fall Y'all...

Baker's Oven

Apple Harvest Treats are Ripe for the Picking and Pumpkin Patch Goodies are coming up soon in Karns Bakeries!

Nothing hits the spot like Apple Pie and we have the BEST Around!
Just like Grandma made - Completely from Scratch!
Available in 9" Whole's, 1/2's and 1/4's Every Day

Other Seasonal Favorites include:

- Apple Dumplings
- Apple Cider Cake Donuts
- Apple Cinnamon Pull A Part Breads

Make our Pumpkin Patch your first stop to pick these Sweet Treats and more!

- Pumpkin Raisin Cookies - Scratch Made!
- Pumpkin Whoopie Pies
- Pumpkin Cream Cheese Pies - Scratch Made!

Karns Bakeries
Baking Fresh For You Every Day!

MAX SAVER

SAVE THE MOST WITH MAX!

Family Favorites!

Grain Berry Cereals
12 or 16 oz

\$3.99

Essential Everyday Oatmeal
9.5-12.1 oz

\$2.99

Eight o'Clock Kcup Coffee Pods 10 ct
3.1-3.4 oz

\$6.99

Eight o'Clock Whole Bean or Ground Coffee, bag
10-11 oz

\$8.99

General Mills Bagged Cereals
28-35 oz

\$6.99

International Delight Non-Dairy Coffee Creamer
10.5 oz

\$3.99

Golden Blossom Pure Maple Syrup
8 oz

\$4.99

Eggo Frozen Pancakes or French Toast Sticks
12.7-14.8 oz

\$3.49

www.karnsfoods.com

Dairy Delights

Chobani Greek or Zero Sugar Yogurt 5.3 oz/4 pk
21.2 oz

2/\$8



Chobani 20G Protein Drinks 10 oz/4 pk
40 oz

\$9⁴⁹



Borden Cheese Shreds, Melts, and Singles
8-12 oz

\$2⁹⁹



Keller's Butter Quarters
16oz

\$4¹⁹



Keller's Whipped Butter
8 oz

\$2⁴⁹



Parkay Margarine Squeeze Bottle
12 oz

\$3⁶⁹



La Yogurt Tub
32 oz

\$2⁷⁹



La Yogurt Cups
6 oz

70¢



La Monica Breaded Clam Strips
20 oz **\$9⁹⁹**

Natures Best Bay Scallops
16 oz **\$8⁹⁹**

Natures Best Flounder Fillets
16 oz **\$6⁹⁹**

Pasteurized Claw Crabmeat
16 oz **\$14⁰⁰**

Transocean Snow Crab Style Surimi Legs
16 oz **\$5⁹⁹**



MAX SAVER

www.karnsfoods.com

SAVE THE MOST WITH MAX!

DANNON

BUY LOCAL SHOP LOCAL



Dannon Yogurt Tubs
32 oz

\$3.99



Dannon Activia Yogurt
4 oz/12 pk
48 oz

\$7.99



Dannon Light+Fit Greek Yogurt Cup
5.3 oz

\$1.69



Dannon Fruit on the Bottom Yogurt Cup
5.3-6 oz

89¢



Dannon Oikos Remix Mix-Ins Yogurt Cup
4.5 oz.

\$1.79



Jell-O RRTE Gelatin or Pudding Cups 4 pk
12.5-15.5 oz

\$3⁵⁹



Horizon Organic Milk
64 oz

\$6⁴⁹



Crystal Farms Butter Quarters
16 oz

\$4⁹⁹



David's Bagels
14.25 oz

2/\$4



Tropicana Orange Juices
46 oz

\$4⁹⁹



International Delight Coffee Creamer
32 oz

\$4⁷⁹



**KARN'S IS PROUD TO OFFER
USDA CHOICE
BEEF**



www.karnsfoods.com

SAVE THE MOST WITH MAX!

MAX SAVER



KARNS
MAX
SAVER
SPECIAL

Frozen Specials!

Poppy's Pierogies

13 oz

2/\$3



Ellio's Frozen Pizza Slices

18.3-19.64 oz

2/\$8



Wild Harvest Frozen Vegetables

12 oz

\$2.69



Gorton's Frozen Fish or Crab Cakes

6-24.5 oz

\$7.99



Essential Everyday Frozen Waffles

12.3 oz

\$2.29



Dove Mini Ice Cream Bars 10 ct

6.5-7.5 oz

\$3.99



Marie Callender's Frozen Fruit or Cream Pies

24.8-42 oz

\$8.49



Yasso Frozen Yogurt

14 oz

\$5.99



Tempting Tuesday!

Did you know every Tuesday you can enjoy all of the great savings at Karns with no "Must Buy" requirements?

No minimum weight buys on chicken breasts, wings, tenders or ground beef! All the savings in the sizes you want!



Karns is happy that we are able to offer a DISCOUNT TO INDIVIDUALS 65+

On Tuesdays Only • With Qualifying Purchase & Karns Fresh Rewards account

Are you 65+?

If you have a Karns Fresh Rewards card, and are not receiving the discount automatically, please let the cashier know.

- THEY CAN EITHER:
- Type in your birthday,
 - Scan your driver's license
- OR
- Take a note and ask customer service to add it to your account.

By the following week, it will be on your account, and you won't have to ask again!

UPDATE

Registered Fresh Rewards account required to receive discount



MAX
SAVER

www.karnsfoods.com

SAVE THE MOST WITH MAX!

MAX
SAVER

KARNS KRITTERS



Blue Buffalo Wet Dog Food

12.5 oz.

\$3.19



Cesar Wet Dog Food

3.5 oz

\$1.19



Gravy Train Dry Dog Food

14 lb

\$12.99



IAMS Dry Dog Food

5 lb

\$10.99



Kibbles 'N Bits Dry Dog Food

14-16 lb

\$17.99



HOUSEHOLD Products



Fiora Bath Tissue

12 Mega Rolls

3840 sheets

\$7.99



Fiora Paper Towels

6 Triple Rolls

990 sheets

\$7.99



Bounty Quilted Napkins

200 ct

\$3.29



Glad Storage Containers 2-5 ct or Gain Liquid or flings! Laundry Detergent

39 oz or 15 ct

\$4.99



Renuzit Adjustable Air Fresheners

7 oz

2/\$3



Lysol Disinfecting Wipes

70 or 80 ct

\$5.99



Soft Scrub Cleanser

24 oz.

\$3.49



Scotties Facial Tissues

64-110 ct

\$1.69



MAX
SAVER

SAVE THE MOST WITH MAX!

www.karnsfoods.com

FEED YOUR FAMILY FOR LESS!



MAX Pack

VALUE PACKED MEATS & SIDES



Explore our big selection of family favorites such as fully cooked chicken patties, chicken bites, meatballs, appetizers and more!



Maritin's BIG Box Snacks

35-36 ct

31.5 oz

\$17.99



Stauffer's Snaps Cookies

14 oz

2/\$6



Coca Cola Fridge Pack Cans 12 oz/12 pk

144 oz

\$7.99



BUY TWO (2) COCA-COLA FRIDGE PACKS 12 OZ/12 PK CANS
GET ONE (1) POWERADE SPORTS DRINK 20 OZ/8 PK **FREE**

Powerade Sports Drink 20 oz/8 pk

160 oz

\$7.99



Gold Peak Tea

59 oz

2/\$5



Body Armor Sports Drink 12 oz/8 pk Bottles

96 oz

\$5.99



PORK SAUSAGE BURGERS

1 small onion, grated
1/4 cup plain breadcrumbs
2 Tbsp. milk
1 1/2 lb. Karns Italian bulk sausage, sweet or hot

1/2 lb. bacon, finely chopped
1 Tbsp. vegetable oil
6 slices provolone
6 burger buns, split and toasted



Toppings for burgers (optional) Romaine lettuce leaves, sliced tomato, sliced red onion, dill pickles, ketchup, mustard, and mayonnaise.

In a large bowl, combine the onion, breadcrumbs, and milk. Let sit until the liquid is fully absorbed, about 5 minutes.

Gently mix the pork and bacon into the breadcrumb mixture.

Divide the mixture into 6 balls and press into 1-inch thick patties. Do not overwork the meat.

Preheat the grill to medium-high heat.

Oil the grill grates with the vegetable oil. Grill the patties over direct heat, covered, until the internal temperature reads 165°F, 5 to 6 minutes per side.

During the last minute of cooking, place cheese on the burgers.

Serve on toasted buns and desired toppings.



www.karnsfoods.com

SAVE THE MOST WITH MAX!

Special Finds



AT MAX SAVER PRICES!

Butchers Love
Steak Seasoning
11 oz

\$5.99

Made For Meat
Sauces
7.94 oz

\$4.99

Dinosaur
BBQ Sauce
19 oz

\$4.39

Finn Crisp Bread
6.8-7 oz

\$3.59

Koops Mustard
12 oz

\$3.29

Rice Select
Jasmati/Texamati
32 oz

\$6.69

Torani Coffee Syrup
12.7 oz

\$4.79

Yellowstone
BBQ Sauce
19 oz

\$4.99

Aunt Mary's
Romano Cheese
Sauce
16 oz

\$6.59

Mikes Hot Honey
Infused w/Chili
1.55 oz

\$2.29

Mackays Lemon
Curd
12 oz

\$6.49

Kinders
BBQ Sauce
15.5 oz

\$3.99



Artisan Cheese



\$1.49

Bel Gioioso
Provolone
& Genoa
Salami
Snacker
1.5 oz



\$3.99

Montchevre
Flavored
Goat Cheese
Logs
4 oz

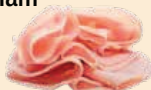


\$4.99

Hillshire Farms Tub
Lunchmeats
7-9 oz



Deli Sliced or Chipped
Cooked Ham
lb



EVERYDAY FAVORITES

\$5.99

Presidents
Pub
Cheeses
8 oz



Land O Lakes White or
Yellow American Cheese
lb



\$7.99

Karns
Seafood
Salad
lb



\$8.99

Kretschmar Bacon
Encrusted Turkey
Breast
lb



\$9.99

Weavers of Wellsville
Smoked Cheeses
lb



SAVE THE MOST WITH MAX!

www.karnsfoods.com

A Card That Works For You!



Register today!

karnsfoods.com

Special Finds
AT MAX SAVER PRICES!

Gerber 1st Baby Foods
2 oz/2 pk

\$1.39



Gerber Natural Baby Foods
4 oz

\$1.39



Gerber 2nd Baby Foods
4 oz/2 pk

\$1.99



Huggies Little Movers Diapers Giga Pack
50-66 ct

\$29.99



Goodnites Underwear
11 or 14 ct

\$11.49



Pampers Swaddlers Diapers
16-32 ct

\$10.99



Nakano Rice Vinegar
12 oz
\$3.89

Panda Licorice
7 oz
\$3.49

Southern Recipe Pork Rinds
3.625-4 oz
\$3.29

Dare Chocolate Fudge Cookie
10.2 oz
\$3.29

Aunt Mary's Pasta Sauce Marinara
25 oz
\$7.29

Aunt Mary's Pasta Sauce Spicy
25 oz
\$6.99

Burnt Cabins Apple Pancake Mix
1 lb
\$7.29

Henchmans Hot Sauce
16 oz
\$6.99

Mrs Meyers Multi Surface Cleaners
16 oz
\$4.69

Katz Gluten Free Texas Toast Garlic
7.8 oz
\$5.39

Food For Life Bread Ezekiel 4:9
24 oz
\$7.19

Big Mozz Mozzarella Sticks/Nuggets
13.44 oz
\$8.69



www.karnsfoods.com

SAVE THE MOST WITH MAX!



SLOW COOKER PORK CACCIATORE

- 4 boneless pork chops
- 2 Tbsp. olive oil
- 1 onion, sliced
- 1 (8 oz.) package fresh sliced mushrooms
- 1 green bell pepper, sliced into strips
- 1 (28 oz.) jar of your favorite pasta sauce
- 1 (28 oz.) can diced tomatoes
- ½ cup dry white wine
- 2 large cloves garlic, minced
- 1 tsp. Italian seasoning
- ½ tsp. dried basil
- 4 slices mozzarella cheese



For easy clean-up, place a cooking liner in your slow cooker.
In a large skillet, over medium-high heat, brown chops on both sides.
Place browned chops in the slow cooker.
In the same skillet, heat olive oil over medium heat. Add onion, mushrooms and bell pepper. Cook, stirring occasionally, until vegetables are soft. Stir in pasta sauce, diced tomatoes, and white wine. Season with garlic, Italian seasoning, and basil. Stir until heated through.
Pour sauce over pork chops in the slow cooker.
Cook on Low for 7 to 8 hours.



SAVE THE MOST WITH MAX!

Mission BBQ Sauces
14.5-16 oz

2/\$5



Lawry's Marinades
12 oz

2/\$6



French's Yellow Mustard
14 oz

2/\$4



Cholula Hot Sauce
5 oz

2/\$6



Cholula Salsa or Cremosa Sauces
8 or 12 oz

\$2.49



Frank's Red Hot Sauces
12 oz

2/\$6



Cholula Taco Seasoning Mixes
1 oz

99¢



Zatarain's Rice Mixes
7-8 oz

2/\$4



www.karnsfoods.com

FRESH FOODS

KARNS

SINCE 1959



FILL THE GRILL

Karns Heavenly Sausage

SHEET PAN CHICKEN FRIED RICE

- 1-1/2 lbs. boneless skinless chicken breasts cut into 1" pieces

Butcher's Love Poultry Seasoning to taste

1 (15-oz.) can peas and carrots, drained

1/2 white onion, diced
- 2 eggs, whisked

2 pkg. ready rice

3 Tbsp. sesame oil

1/3 cup soy sauce

finely chopped green onions



Preheat oven to 375°F.

Arrange chicken pieces in a single layer on a large greased baking sheet, and so they aren't overlapping and season with Butcher's Love Poultry Seasoning. Bake for 5 minutes.

Remove pan from oven, pour whisked eggs around the chicken pieces directly onto the pan. Return to oven for 3-5 minutes until egg is fully cooked. Use a fork or spatula to "scramble" the egg so that it breaks up into small pieces.

Add rice, peas and carrots and white onions to pan and toss all ingredients so they are evenly distributed. Drizzle sesame oil and soy sauce over everything and toss again. Sprinkle green onions over the top.

Bake for 5 minutes longer or until chicken is thoroughly cooked and rice has begun to brown on the bottom of the pan.

Toss all ingredients and serve immediately.

SEPT.-OCT. 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12					



LOCAL PRODUCE
ALL SUMMER LONG!



www.karnsfoods.com

Twizzlers Licorice
11-16 oz



\$3.99

Hershey's Party Size Bag Candy
24.8-48.29 oz

\$14.99



M&M's Chocolate Candies Sharing Size SUP
7.4-10.05 oz

\$5.49



Life Saver Gummies or Skittles Bag Candy
5.8-7.2 oz

2/\$4



Hershey's Share Size Candy SUP
7.1-9.6 oz

\$5.99



Hershey's Dipped or Popped Snacks
8-8.5 oz

\$4.69



M&M's or Mars Party Size Bag Candy
34-38 oz

\$14.99



Extra Chewing Gum
35 ct

\$3.59

